GBAPOLSKA

ANALYTICAL LABORATORIES
microbiology - physicochemistry - sensory

GBA POLSKA Sp. z o.o.
Member of GBA GROUP
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AB 1095

TEST REPORT No: B/0/05/2026/1112/FM/1/P/1/EN

Customer: FIT-MATT Mateusz Gardas 49-200 Kolnica, ul. 87

Order No: B/0/05/2026/1112

A - accredited methodology (accreditation no. AB 1095); reference – if the law so provides (the result can be used to assess compliance in the legally regulated area).

AE - accredited methodology (accreditation no. AB 1095) of flexible scope – reference if the law so provides / equivalent to reference (the result can be used to assess compliance in the legally regulated area).

Material/product tested: **Dietary supplements**

Product name: ***Strong PreWorkout 3 w 1 (414 g)*** **Date*: 20 May 2026**

Producer: *FIT-MATT*
Date of production: *05/2026*
Lot number: *1212605 04/2029*

Sampling according to: -
Samples transported by: Shipping
Received by: GBA POLSKA employee no: 2804

Sample no: 50884/05/26 Sample condition: correct Analysis start date: 20-05-2026 Analysis end date: 27-05-2026

Lab.	Analyzed parameter	Unit	Accred.	Test method	Requirement	Result	U
P	Presence of coagulase-positive staphylococci (Staphylococcus aureus and other species)	1g	AE	PN-EN ISO 6888-3:2004, PN-EN ISO 6888-3:2004/AC:2005	no requirements	absent in 1g	
P	Presence of Salmonella spp.	25g	AE	PN-EN ISO 6579-1:2017-04, PN-EN ISO 6579-1:2017-04/A1:2020-09	no requirements	not detected in 25g	
P	Presence of presumptive Escherichia coli	1g	AE	PN-ISO 7251:2006	no requirements	absent in 1g	
P	Total microbial count	cfu/g	AE	PN-EN ISO 4833-1:2013-12, PN-EN ISO 4833-1:2013-12/Ap1:2016-11, PN-EN ISO 4833-1:2013-12/A1:2022-06	no requirements	$<1,0x10^1$	
P	Count of yeasts and moulds	cfu/g	AE	PN-ISO 21527-2:2009	no requirements	$<1,0x10^1$	
Ł	Mercury	mg/kg	AE	PN-EN 15763:2010	no requirements	0,0019	0.0003
Ł	Lead	mg/kg	AE	PN-EN 15763:2010	no requirements	< 0,010	0.002
Ł	Cadmium	mg/kg	AE	PN-EN 15763:2010	no requirements	< 0,0020	0.0003

Lab.	Analyzed parameter	Unit	Accred.	Test method	Requirement	Result	U
Ł	Benzo(a)pyrene	µg/kg	AE	PB-258/LF ed. 6 of 23.06.2025	no requirements	< 1,0	0.20
Ł	Content of Polycyclic Aromatic Hydrocarbons (PAH) (from calculation) (benzo(a)pyrene, chrysene, benzo(a) anthracene, benzo(b)fluoranthene)	µg/kg	AE	PB-258/LF ed. 6 of 23.06.2025	no requirements	2,01	0.40
Ł	Pyrrolizidine alkaloids content (total) (BfR 28)	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Pyrrolizidine alkaloids content (total) (Commision Regulation (EU) 2023/915)	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Echimidine and Heliosupine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Erucifoline	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Europine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Heliotrine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Intermedine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Jacobine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Lasiocarpine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Lycopsamine and Indicine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Monocrotaline	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Echimidine-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4

Lab.	Analyzed parameter	Unit	Accred.	Test method	Requirement	Result	U
Ł	Content of Erucifoline-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Europine-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Heliosupine-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Heliotrine-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Intermedine-N-oxide, Indicine-N-oxide, Echinatine-N-oxide and Rinderine-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Jacobine-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Lasiocarpine-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Lycopsamine-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Monocrotalin-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Retrorsine-N-oxide and Usaramine-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Senecionine-N-oxide, Integerrimine-N-oxide and Senecivernine-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Seneciphylline-N-oxide and Spartioidine-N-oxide	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Retrorsine and Usaramine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Rinderine and Echinatine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4

Lab.	Analyzed parameter	Unit	Accred.	Test method	Requirement	Result	U
Ł	Content of Seneciphylline and Spartioidine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Senecivernine, Integerrimine and Senecionine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Senkirkine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	Content of Trichodesmine	µg/kg	A	PB-310/LF ed. 1 of 14.12.2022	no requirements	< 1,0	0.4
Ł	2 - chloroethanol (as ethylene oxide)	mg/kg	AE	PB-301/LF ed. 4 of 06.12.2022	no requirements	< 0,010	0.005
Ł	Ethylene oxide	mg/kg	AE	PB-301/LF ed. 4 of 06.12.2022	no requirements	< 0,010	0.005
Ł	Ethylene oxide (sum of ethylene oxide and 2-chloro-ethanol expressed as ethylene oxide)	mg/kg	AE	PB-301/LF ed. 4 of 06.12.2022	no requirements	< 0,010	0.005

Date* - depending on the method of obtaining the sample by GBA POLSKA, it is the date of: collection (when the sample is collected only by a GBA POLSKA employee) or receipt (when the sample is collected from the Customer by a GBA POLSKA employee, is delivered by a courier company or delivered personally by the Customer).
U - expanded measurement uncertainty at the level of confidence app. 95% and the coverage factor k=2, does not take into account the sampling uncertainty, except when indicated in the remarks. Measurement uncertainty is provided when it is important for the reliability of test results or compliance with requirements/specifications and at the request of the Customer. The "test results" lower or higher than the measuring ranges of the methods are presented as "<value of the lower limit of the measuring range " or "> value of the upper limit of the measuring range", respectively. These values provide information about the research results. If expanded uncertainties are given with these test results, they apply to the lower or upper limit of the measuring range of the method.
The results refer only to the tested samples (sampled or received - in accordance with the information presented in the Test Report).
The information in italics included in the Test Report was provided by the Customer. The laboratory is not responsible for this information. The laboratory is not resposible for the method of sampling and the representativeness of the samples provided by the Customer for testing.
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The Laboratory does not store the samples after testing, unless otherwise agreed with the Customer.
Place of performance of the tests ("Lab."): Ł - Łajski, ul. Kościelna 2a, 05-119 Legionowo, L - ul. Doświadczalna 50a, 20-280 Lublin, M - ul. Fabryczna 7, 41-404 Mysłowice, P – ul. Jasielska 16a, 60-476 Poznań, W – ul. Ząbkowska 18, 03-735 Warszawa, PS - in situ measurement.

NOTE: Original Test Report is issued in electronic form with the *.pdf extension, signed with a qualified electronic signature. Therefore, all prints, unless certified as true copies, are copies.

Remarks:

This document completely replaces the Test Report No. B/0/05/2026/1112/FM/1

This is due to a correction of the data provided by the client (the Client's data).

The second selective medium for detecting the presence of Salmonella spp. in accordance with PN-EN ISO 6579-1:2017-04, PN-EN ISO 6579-1:2017-04/A1:2020-09 is RVS broth and Brilliance Salmonella/Agar.

For the detection of coagulase staphylococci-positive, Braid Parker RPF/agar medium was used.

Created on:	Authorized result:	Authorized Test report:	
27-05-2026	GBA POLSKA employee no: 2486 GBA POLSKA employee no: 2705 GBA POLSKA employee no: 2866 GBA POLSKA employee no: 2872	Junior Specialist for Research Documentation in the Food Segment GBA POLSKA employee no: 3323	**Signed with a qualified electronic signature**

Report prepared in a single copy **Original of PDF: Customer, copy of PDF to: Laboratory archive**

The end of the Test Report